



cafetaria saudável

WEEKLY MENU

November 24–28, 2025

MONDAY

*Vegetable Cream Soup*

*Gnocchi with Shrimp and Ginger, served with Mixed Salad*

TUESDAY

*Caldo Verde (Portuguese Kale Soup)*

*Roast Chicken with Garlic & Cilantro Rice*

WEDNESDAY

*Carrot & Ginger Soup*

*Grilled Salmon with Roasted Vegetables*

THURSDAY

*Broccoli & Almond Soup*

*Penne Pesto with Chicken and Vegetables*

FRIDAY

*Red Bean Soup*

*Bolognese Lasagna (Soy) with Mixed Salad*